

GMG MENU

| MON | TUES | WED | THURS | FRI |
|--|---|---|--|--|
|  | | | 1 Breakfast: Pancake On Stick, Juice, Low-Fat Milk Lunch: Beef Burger, French Fries, Cookie, Salad Bar, Low-Fat Milk | 2 Breakfast: Omlet, Juice, Low-Fat Milk Lunch: Pizza, Corn, Salad Bar, Low-Fat Milk |
| | 5 Labor Day | 6 Breakfast: Breakfast Biscuit, Juice, Low-Fat Milk Lunch: Veg Beef Soup, Grilled Cheese, Choco Cake, Salad Bar, Low-Fat Milk | 7 Breakfast: Breakfast Pizza, Juice, Low-Fat Milk Lunch: Tenderlion, Potato Wedges, Salad Bar, Low-Fat Milk | 8 Breakfast: Waffle, Sausage, Juice, Low-Fat Milk Lunch: Chicken Noodles, Mashed Potatoes, Dinner Roll, Salad Bar, Low-Fat Milk |
| 12 Breakfast: Long John, Juice, Low-Fat Milk Lunch: Tater Tot Casserole, Green Beans, Breadstick, Salad Bar, Low-Fat Milk | 13 Breakfast: Breakfast Biscuit, Juice, Low-Fat Milk Lunch: Taco, Tater Tots, Salad Bar, Low-Fat Milk | 14 Breakfast: Breakfast Bar, Juice, Low-Fat Milk Lunch: Chicken Fried Steak, Mash Potato, Dinner Roll, Salad Bar, Low-Fat Milk | 15 Breakfast: French Toast, Sausage, Juice, Low-Fat Milk Lunch: Chicken Sandwich, Potato Wedges, Cookie, Salad Bar, Low-Fat Milk | 16 Breakfast: Biscuit and Gravy, Juice, Low-Fat Milk Lunch: Shrimp, Beans & Rice, Brownie, Salad Bar, Low-Fat Milk |
| 19 Breakfast: Donut Holes, Juice, Low-Fat Milk Lunch: Chili, Cinnamon Roll, Salad Bar, Low-Fat Milk | 20 Breakfast: Breakfast Biscuit, Juice, Low-Fat Milk Lunch: Chicken Nuggets, French Fries, Salad Bar, Low-Fat Milk | 21 Breakfast: Breakfast Pizza, Juice, Low-Fat Milk Lunch: Pig in Blanket, Baked Beans, Salad Bar, Low-Fat Milk | 22 Breakfast: Pancake and Sausage, Juice, Low-Fat Milk Lunch: Cream Chicken, Biscuit, Peas, Salad Bar, Low-Fat Milk | 23 Breakfast: Omlet, Juice, Low-Fat Milk Lunch: Hamburger, Tater Tots, Cookie, Salad Bar, Low-Fat Milk |
| 26 Breakfast: Donut, Juice, Low-Fat Milk Lunch: Orange Chicken, Rice, Mixed Vegetables, Salad Bar, Low-Fat Milk | 27 Breakfast: Breakfast Pizza, Juice, Low-Fat Milk Lunch: Pizza Burger, Potato Wedges, Salad Bar, Low-Fat Milk | 28 Breakfast: Breakfast Bar, Juice, Low-Fat Milk Lunch: Corn Dog, Mashed Potatoes, Cookie, Salad Bar, Low-fat Milk | 29 Breakfast: Pancakes on a Stick, Juice, Low-fat Milk Lunch: Italian Casserole, Green Beans, Breadstick, Salad Bar, Low-fat Milk | 30 Breakfast: Scrambled Eggs, Juice, Low-Fat Milk Lunch: Grilled Chicken Sandwich, French Fries, Salad Bar, Low-Fat Milk |

September 2022